

#### **Bishan Home for the Intellectually Disabled**

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## ONE STEP HIGHER! ANNUAL REPORT 2013

#### COMPANY PROFILE

Bishan Home was declared open by then Deputy Prime Minister Lee Hsien Loong on 25th September 1999 and started operations the following month. The Home is a joint effort between the Ministry of Social and Family Development (MSF) and Bible-Presbyterian Welfare Services.

When Bishan Home first started, the Home was registered under the Bible Presbyterian Welfare Services umbrella. In 2007 the Home was registered as a separate Society and obtained Charity and Institution of Public Character (IPC) status in its own right. Bishan Home is also a member of the National Council of Social Services. From an initial population of slightly over 20 residents, the Home is now near full capacity of 132 residents. In addition to our residential program, the Home also runs a Day Activity Centre (DAC).

The Home introduced its DAC program in 1999 as a social service in response to appeals from desperate parents in the surrounding neighbourhood for such a program. Initially, the program did not receive any government funding. It was only in 2005 that the Home applied to National Council of Social Services (NCSS) to fund both the DAC Program and its expansion. Expansion works to the DAC were completed in 2007 and as at 2013 the DAC has 32 clients.

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Bishan Home for the Intellectually Disabled

Society Registration No:

Institution of Public Character (IPC) Number :

**Charity Registration Number:** 

Unique Entity Number:

2045/2007

IPC000210

T07SS0102D

T07SS0102D









#### **OUR VISION**

To Make Bishan Home the Home of choice in providing:

- Outstanding service and compassionate Christian care
- A home that is safe, secure, comfortable
- And reassuring an integrated local network of welfare care services

#### **OUR MISSION**

Showering Christian love in a wholesome Christian environment to enable the intellectually disabled clients in Bishan Home to receive compassionate Christian care and to live a quality life.

#### **OUR QUALITY STATEMENT**

Through continual improvement, Bishan Home strives to provide holistic care and to develop the life skills of our residents and Day Activity Centre clients in order for them to lead meaningful lives.





# A HOME AWAY FROM HOME

In Bishan Home, we provide a family caregiving environment where our residents and Day Activity Centre clients are given opportunities to develop to the maximum of their potential. Through this, we strive to provide meaning to their lives and to give them a sense of self worth.

#### CHAIRMAN'S MESSAGE



Bishan Home celebrates its 15th anniversary on 5 Oct 2013. In reviewing its performance in the period covered by this Report, we note several significant events.

Firstly, there was a change in means testing under the New Means Testing Scheme (NMTS). After initial challenges in implementation were sorted out, the new scheme has created beneficial effects on balance. Those eligible under the NMTS enjoyed better subsidies as a result. The Home was enabled to further improve service quality.

Second, we are heartened by the efforts made by the authorities to reorganize the respective ministries and agencies to give increased emphasis to support the work of the social service sector. This does not merely translate into more resources for the Home or even greater encouragement and a more sympathetic regulatory framework. Indeed these are the expected outcome.

More importantly, we note the fresh policy stance of our new parent Ministry, the changes made and actions being taken to enhance the social service sector holistically, especially in developing an integrated, open aspirations and inspired professional service. Bishan Home can relate to these changes. Bishan Home shares the same aspirations of those who have entered the social service sector with a high calling to serve and to make a difference to the lives of disadvantaged persons whom they touch in their service. As we celebrate our 14th year, I take the opportunity to thank our founding members from the Bible Presbyterian Welfare Services and its participating churches, and other sponsors, for their vision and perseverance to build and develop this Home under challenging conditions. We also thank our Volunteers, Friends of the Home, parents of our residents and corporate and individual supporters for their trust and faith in our care ministry and their continuing support.

#### CHAIRMAN'S MESSAGE

In line with the significant changes in the Supervising Authorities to upgrade the social service sector, Bishan Home is proud to have completed another year of quality service and innovative ideas by the management, medical and nursing teams. We have broadened our scope of training for our Residents to include cooking, sewing and music making. We have also implemented a music therapy programme and will be implementing a comprehensive art therapy programme to enhance social integration among our residents. This is in addition to our normal occupational and speech therapy exercises and our physiotherapy programme. We are currently in discussion with Tan Tock Seng Allied Health Services Department to help us audit and upgrade our occupational and speech therapy exercises.

Bishan Home continues to engage with the local community in a broad spectrum of collaborative projects. These include setting up a hydroponics garden in the plot of land adjacent to the Home for community enjoyment in addition to being part of our gardening facilities for our Residents, providing more places in our Day Activity Centre to those who will benefit from our increase in service, and actively engaging professional institutions in our community to train our caregivers. These activities help Bishan Home to become a recognized member of the local community where it is situated.

Going forward, we will focus on training those Residents under our care who are able to perform more tasks and preparing the higher-function Residents for regular employment in selected industrial clusters. We have begun a process of strategic review of the operations and plans of the Home. This review will determine how the Home may continue to sustain its integrated service and extend it to more in our community who can benefit from such a service, whether within the Home as residents, or on-site as clients at our Day Activity Centre or even off-site.

We look forward to fulfilling our vision of a more inclusive community where the disabled are looked after through care and training and the abled and successful are minded to take care of the needy and the less advantaged in our society.

Lau Wah Ming Chairman



# ENABLING AMENITIES AND FACILITIES IN A HOME SETTING

We are particularly proud of our amenities and facilities which are set in a home environment. Our accommodation rooms, with a capacity of 132 beds, together with our medical treatment room, sick bay and therapy rooms (including a sensory room) and dining hall are blended with our Hydrotherapy pool, karaoke area, koi pond, pets corner, Herbs & Spice Garden and multi-purpose hall. Our objective is to provide the reassurance of a home environment in a nursing and caregiving setting.

#### YFAR IN RFTROSPECT



#### **Chingay Parade 2013**

Bishan Home attended Chingay 2013, celebrating the resilient spirit of Singapore. This was the first night outing we organised with our Day Care Activity Centre (DAC)clients and their caregivers, and we hope to organise more of these activities in the future.



#### **Van Donation**

A kind donation of a 14-seater van was received from the Rotary Club of Bandar Seri Begawan (Brunei), Rotary Club of Marina City (Singapore) and with support from Foundation of Rotary Clubs (Singapore) Ltd, Crocodile Foundation and The Rotary Foundation. This van will allow us to provide better transport service to our residents and DAC clients.



#### **Marina Barrage with Volunteers**

Our residents took to the grassy knolls of the Marina Barrage with volunteers from Citibank. They enjoyed a great day in the sun flying kites while also learning about water conservation in Singapore.



#### **SCDF Day with Bishan Community Centre**

This was Bishan Home's first collaboration with the Bishan Community Centre's Youth Executive Club. A total of 30 youth volunteers came together with our residents to explore the Central fire station where they learnt about fire safety and the role of the SCDF in the community.

### A DIFFERENT SORT OF ANNIVERSARY (14TH ANNIVERSARY)

**A Different Sort of Anniversary** 

This year, we took a different approach to our 14th anniversary. Looking at recognising the efforts of our volunteers over the years, we planned a series of outings with our residents, culminating in a special volunteer appreciation dinner at the Singapore Grassroots club.

#### **Outing to Labrador Park with Expedia**

Our Day Activity Centre (DAC) clients enjoyed a fun-filled day to Labrador Park with volunteers from Expedia. Our residents had a lot of fun interacting with the volunteers, as well as taking in the sights of the Singapore shoreline





#### **Outing to Bishan Park with UPS**

With the sun behind their backs, our residents took in the sights of a rejuvenated Bishan Park with volunteers from United Parcel Service (UPS). Our residents enjoyed themselves thoroughly, playing games and interacting with the UPS volunteers





#### **Outing with Singapore Customs to McDonald's**

Volunteers from Singapore Customs brought our residents out for a fun-filled day of games, culminating in a meal at Bishan Park Mcdonald's. Our residents enjoyed the games and interaction with the volunteers





#### Volunteer appreciation Dinner at Singapore Grassroots club

Our anniversary celebrations concluded with a dinner recognising the efforts of our volunteers over the years. With our guest of honour, Nominated Member of Parliament, Mr Lawrence Lien from the National Volunteer and Philanthropy Centre, our volunteers and residents enjoyed an evening of fun games together.





#### THERAPY DEPARTMENT

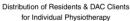
#### **Exercise & Therapy Program**

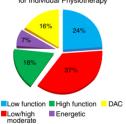
Regular exercise, accompanied by a balanced diet and a healthy lifestyle, can help delay/counteract many of the changes ageing brings. Some of these changes include progressive decrease of muscle strength and flexibility, muscle and joint pains, and easy fatigability. Keeping the body active can help slow the aging process. It has been said that people who are least active/sedentary, age faster and tend to go downhill faster than those who are more active. The average age of our residents is 47 years old. Increased cases of muscle and joint pains, difficulties in movement and incidences of falls have been observed this past year. This means there is a greater need for a more intensive exercise regime to improve, and/or maintain their general body condition.



#### **Individual and Group Therapy**

Recognizing this need, the therapy department continues to provide regular Individual and Group Therapy Programs for our residents and DAC clients. The Individual Therapy Program focuses on those with specific physical conditions who need individualized and intensive therapy. The exercise regime given to them is dependent on their needs and may include: range of motion exercises, strengthening exercises, strengthening exercises, balance training, ambulation training, heat therapy, relaxation techniques and finger-dexterity exercises. A Group Therapy Program is carried out for other residents and DAC clients to maintain their general body condition. The program includes: endurance, strengthening, stretching and balance exercises. Exercises may also come in the form of play therapy.





#### **Statistics**

There is an increase in the number of residents for individual treatment sessions. In addition to the old cases, we had more residents complaining of muscle pain, joint swelling and pain, as well as difficulty in walking. resulting in several fall incidences this year. An average of 102 individual treatment and 139 group therapy sessions were conducted monthly, an increase compared to the previous year.

#### Collaborations/Donations

The Tan Tock Seng (TTSH) Physiotherapy (PT) and Occupational Therapy (OT) Training Program which ended around end of April 2012 proved to be fruitful not only for Bishan Home, but for the TTSH OT Department as well. The OT department of TTSH entered the project in an internal competition which won them an award. In recognition of the partnership with Bishan Home, staff from the TTSH OT Department came to celebrate Easter with our residents and DAC clients, with games and group activities.

Three final year projects from SPCARE were handed over in March 7, 2013 which will be very beneficial for the exercise program. One project is the Intelligent Exerciser for Hands and Legs which is a combination exerciser for the upper and lower limbs. The exercises can be done in anyone of two modes: manual mode or automatic mode. Additional features of the exercise equipment include a heart rate monitoring device, emergency stop mechanism and a LCD touch screen where music and videos can be played during exercise. Donated assistive devices (walkers, cane and crutches) and exercise equipment (pedal bike, magnetic resistive exerciser and treadmill also play an important role during the exercises of our residents and DAC clients, while music from a donated portable CD player and mini-component system set a lively ambience during the therapy session.

#### THERAPY DEPARTMENT







#### Stories to Tell

Ah Cheng, used to be a very jolly and active person. He enjoys singing and playing around with the residents and staff. However, sometime in 2012, he became weak and tires easily. He became less active, always refusing to walk and became dependent on a wheelchair. Walking and transferring him from wheelchair to bed/ chair and vice versa requires moderate to maximum assistance from the caregivers. He would lean heavily on the caregiver.

To address his needs, a therapy program was designed to help him regain his functionality. Strengthening, range of motion, balance, walking, stair-ambulation and endurance exercises were among the exercises given to him. He is able to stand up independently from a sitting position and is able to maintain a fairly good stance. He is also able to walk with handheld or standby assistance. He still cannot tolerate long distances, but is able to walk at lengths required of his in the cluster area without much assistance from the caregiving staff. Also, he has become more talkative, cheerful and playful once more



Mui Huay had poor standing balance and unable to walk independently. She was always placed on the geriatric chair and she tends to sleep most of the time. Though she can walk, maximum assistance from staff was needed as she tends to slouch, flex her hips and knees, and shifts her weight to the staff. With a regular exercise program, she was slowly weaned off the geriatric chair. Stretching and mobilization exercises helped lessen the tightness on her muscles. Standing training and walking exercises contributed much to her gaining a fairly good standing and walking balance and tolerance. She can now ambulate with standby assistance. She is no longer nursed on a geriatric chair. Mui Huay is also more alert nowadays.



#### **Taking It One Step Higher**

Most of the residents are now ageing and are showing signs of physical decline due to ageing. This means that we need to get them more physically active in order to offset/delay the effects of ageing. Rising up to the challenges that ageing brings, the Therapy Department will be taking the Therapy Program one step higher. With effect from the next financial year, we will be conducting a more extensive exercise program to ensure that majority, if not all, residents and DAC clients avail the program. A Mobility Class/Session will be conducted in the morning. Selected residents and DAC clients who were identified for Individual Therapy will be included in this morning session. These are the ones who were assessed to be in need of intensive and moderate therapy. Group therapy will be two sessions in the afternoon. This increase in the group sessions will allow the PT Aides to be able to accommodate most, if not all the residents and DAC clients in the exercise program.

#### TRAINING AND DEVELOPMENT

Bishan Home promotes lifelong learning opportunities for adults with intellectual disability. We aim to bridge the gap between what clients can or cannot do by involving them in everyday activities through active support that promotes independence and integration. Training programs are designed with outcomes based upon the needs, learning pace, intellectual and functional abilities of each client.

#### **ACTIVITIES IN DAILY LIVING SKILLS (ADL)**







**Tooth Brushing** 

Face Washing

Hand Washing

#### **COMMUNITY LIVING SKILLS (CLS)**









**Food Preparation** 

Plant Watering

Railing & Table Wiping

Art & Craft

#### **AFTERNOON ACTIVITIES**





Money Class

Sewing Class

#### PERFORMANCEART(DANCEPERFORMANCE)



14th Anniversary



3rd Summer DanceFit Festival



Bishan NPC COPS Launch



3rd Summer Dancefit Festival

#### TRAINING AND DEVELOPMENT



Figure 1: Training Outcome of residential clients and DAC clients from the period of April 2012 to March 2013

Activities in Daily Living (ADL) training outcomes for both residential clients and DAC clients (see figure 1) showed that 84% of residential clients and 75% of DAC clients gain independence in performing at least one new activity in an ADL domain respectively. Community Living Skills (CLS) training outcomes for both residential clients and DAC clients (see figure 1) showed that 80% of residential clients and 69% of DAC clients gain independence in performing at least one new activity in a CLS domain respectively.

#### **One Step Higher**

The Home is currently working in collaboration with the Institute of Mental Health multi-disciplinary team consultancy service to improve on the management plans for residents/ DAC clients with psychiatric condition(s) behavioural issues of concern. A total of 4 residential clients and 2 DAC clients have benefited from the behavioural support program funded by NCSS.

The Home has also enlisted the service of a registered music therapist from the Association for Music Therapy (AMTS) to apply music toward restoring, maintaining or improving the social and emotional wellbeing of clients.







Music therapist Ng Wang Feng conducts music therapy sessions for selected residential and DAC clients. "Music therapy improves the quality of life for persons who are well and meet the needs of children and adults with disabilities" (America Music Therapy Association).

#### **CARFGIVING**

1. Residents – Provision of quality care by ensuring balanced diet, diversified training programmes, leisure activities, integrated outings and sports sessions.



2. DAC Clients – We currently have 32 Day Activity clients who participate in our training and recreational programmes aimed at encouraging, enabling and enriching them according to functioning levels. The aim is to move them one step higher.



3. Promote better general health by collaborating with SATA in the Doctor-On-Wheels (DOW) program: Because of their intellectual disability, our clients are significantly more at risk than the general population of a wide range of health problems, including obesity, hypertension, hyperlipidaemia, epilepsy, thyroid dysfunction, skin diseases, sensory impairment and visual and hearing impairment. Others with associated physical disability, eg cerebral palsy, puts them at risk of postural deformity, pulmonary infections, gastro-intestinal issues and urinary problems.



**DOW services** render medical consultation, laboratory investigations, x-ray service, chronic disease management, patience education, prescription services, etc.



for all of the residents was conducted in Nov 2011. This was smoothly conducted with the assistance of SATA Mass Health Screening medical team. Basic tests were done for individual clients – CXR in a mobile vehicle, Full Blood Count



A team of ophthalmologists from TTSH came in to conduct eye tests for about 90 clients and service staff. They were tested for common eye ailments, including checks to exclude glaucoma. This collaboration was made possible by the kind efforts of the Glaucoma Society(Singapore).

#### **CAREGIVING**

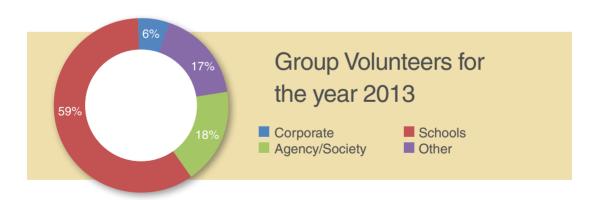
- 4. Safety of Clients, Prevention of Falls Bishan Home introduced fall-prevention beds, geriatric chairs, gripmats, railings at the fish pond, and sourced for non-slippery yet comfortable footwear for the residents
- 5. Staffing Manpower and Capabilites We strengthened our caregiving team especially in the physiotherapy and caregiving department with the recruitment of an additional physiotherapist and increasing our nursing aide staffing. We will also be strengthening our training capability with recruitment of additional training staff. With this increase in manpower, we intend to move our training programmes one step higher by increasing the scope of our training to include training for employment as well as innovative therapy and programmes to increase their self-esteem. To enable staff to adapt faster, all new staff are required to undergo job-specific training linked to their job responsibilities. This is to ensure high standards of service delivery as well as delivering safe care to our resident and clients.
- 6. Staff Upgrading & Training The physiotherapy aides, nursing aides and other direct caregivers underwent an exhaustive training program with Tan Tock Seng Hospital (TTSH) allied health professionals from the Physiotherapy (PT) and Occupational Therapy (OT) departments. The whole training program lasted about 9 months. It involved competency assessments of the PT aides, review of the PT and OT programmes, managing the challenging behaviours, and environmental assessment. The program was designed to provide the caregivers with the relevant knowledge and skills required in managing the clients with disabilities. We will continue this collaboration with TTSH Allied Health Services in 2014.



#### A SALUTE TO OUR VOLUNTEERS







Bishan Home plays an advocacy role in promoting intellectually disability to the wider community. We provide a wide variety of volunteering opportunities to the public such as President's Challenge 2012- Volunteer Drive our volunteers vary from secondary schools, professional individuals and corporate partners. Our volunteers have contributed their time and effort in assisting our nursing staff in programs like our morning activities or organised self-created programs with the residents.

#### A SALUTE TO OUR VOLUNTEERS



#### 23 CSO Youths

total number of youths who were placed with Bishan Home

Bishan Home is committed and proud to support the Ministry of Social and Family Development's Community Service Order (CSO) program. The program is aimed at reintegrating these youths into society by involving them in an environment of love and caregiving. We aim to inculcate in them a sense of responsibility and service by serving those less fortunate than them.

"Before I start community service, I was dying to finish 100 hours, but after coming to Bishan Home I have llearnt lots of valuable lessons that I would never be able to learn outside. It was a priceless experience and I believed it helped me to be a more understanding person".

Reflection from a CSO Youth

#### **Highlights**

#### **Y Movie Treats**

Bishan Home is happy to be part of the Y Movie Treats program, an initiative by YMCA Singapore. Together with students from Swiss Cottage Secondary School, our residents had their first experience watching movie in a public movie theatre. Through this program, we hope to promote awareness that the intellectually disabled are able if enabled.



Choosing of seats



Purchasing of food



Looking for the correct seat

#### **Sewing Lesson**

Our sewing lessons are a volunteer-initiated programme conducted by Mdm Lim Leok Choo, an active volunteer of Bishan Home. Under this program, our residents are taught to sew bags and decorative pillow covers using simple sewing skills as well as an electric sewing machine. This program is aimed at building our residents' confidence through a sense of achievement as well as increasing their attention span. Our aim is to involve more residents and Day Activity Centre clients in this program in the future.



Under proper guidance by volunteer



With Patience and love



Final artwork presented to Mr Laurence Lien, CEO of NPVC

#### FINANCIAL HIGHLIGHTS

For the financial year ended 31 March 2013 ("FY2013"), Bishan Home for the Intellectually Disabled ("the Home") reported income of S\$3.26m and expenditure of S\$2.59m from its operation, resulting in a net operating surplus of \$0.68m.

The net operating surplus for FY2013 was 58.5% higher than that of the previous financial year. The increase in net operating surplus was the result of a greater increase in operating income compared to the increase in operating expenses.

The increase in operating income was derived substantially from an increase in government funding through:

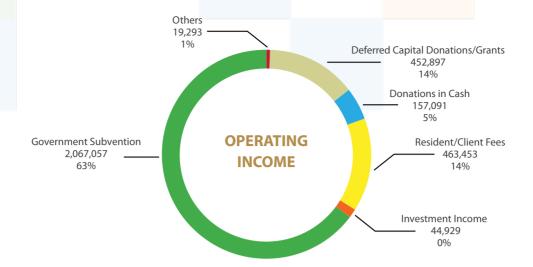
- 1. An overall increase in Government Subvention. This was due to an increase in per resident/client norm cost which fortunately overshadowed a drop in subsidy levels that arose from a government policy change as to how subsidy eligibility was computed. Subsequent to the financial year end, based on feedback received from various voluntary welfare organisations including Bishan Home, the government reviewed its subsidy eligibility scheme and restored the original subsidy eligibility criteria.
- 2. The commencement of the Community Silver Trust Fund which is a dollar-for-dollar donation matching grant given by the government to intermediate and long-term care providers to enhance their capabilities to provide higher-quality care. During the year, Bishan Home utilised this grant to start sewing classes for our residents, improve the facilities of the Home and increase staff training.

In addition to the increase in government funding, Bishan Home's increase in income was supported by an increase in investment income that arose from the maturity of several of the Home's fixed deposits.

With regard to the operating expenditure of the Home, as was the case in FY2012, the fastest rising expenditure was staff costs for both operations staff as well as staff involved in governance activities followed by operating costs pertaining to nursing supplies and non-capitalised assets.

- 1. Staff costs rose as the Home followed the lead of the government and the National Council of Social Service to increase the salaries of its lower paid staff to help them cope with a higher cost of living.
- 2. Nursing supplies costs increased because the Home received fewer donations-in-kind of nursing supplies in FY2013 compared to FY2012. Donors preferred to give cash donations resulting in an increase in cash donations of 23.87%. Hence the Home purchased more nursing supplies in FY2013 compared to FY2012. In addition, nursing supplies costs increased as the Home had to stock up on nursing supplies in preparation for potential outbreaks.
- 3. Non-capitalised asset purchases (ie.assets costing less than \$3,000) increased mainly due to facilities enhancements the Home undertook which were funded by the Community Silver Trust Fund.

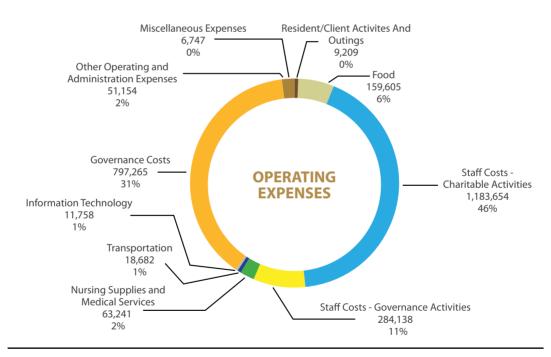
All other costs increases were significantly less as the Home continued to maintain tight control over expenditure.



#### Operating Income

Deferred Capital Donations / Grants Donations in Cash Investment Income Resident/Client Fees Government Subvention Community Silver Trust Funds

3,204,720	2,868,672
19,293	2,585
2,067,057	1,818,332
463,453	436,773
44,929	3,571
157,091	126,821
452,897	480,590
2013	2012



Operating Expenses	2013	2012
Resident/Client Activities and Outings	9,209	7,883
Food	159,605	148,919
Staff Costs - Charitable Activities	1,183,654	1,141,131
Staff Costs - Governance Activities	284,138	226,394
Nursing Supplies and Medical Services	63,241	46,048
Transportation	18,682	17,140
Information Technology	11,758	19,230
Governance Costs	797,265	791,171
Other Operating and Administration Expenses	51,154	32,220
Miscellaneous Expenses	6,747	8,212
	2,585,453	2,438,348

#### **CASH DONATIONS 2013**

A Clinic For Women Pte Ltd	Ang Kim Chu
Accesstech Engineering Pte Ltd	Ang Teng Guan
AVA Borneo Motors (S) Pte Ltd	Angeline Therencia Kustedjo
Central Star (Singapore) Pte Ltd	Anju Sebastian
Asia Medicare Agency	Ann
Debuild Construction	Apurva
Dolphin Capital Asia Pte Ltd	AVA Insurance Brokers Pte Ltd
Ecopave Pte Ltd	Belwit Singh S/O Bhajan Singh
FDR Concepts Pte Ltd	Ben Chia
Fire-Guard Engineering Pte Ltd	Chai Lai Kuan
GMR Energy (Singapore) Pte Ltd	Chan Loo Kee
Guangyang Secondary School	Charmian
Health Step Foot Reflexology C	Chen Yu Mun
Hydronav Services (S) Pte Ltd	Cheng Geok Chin
ITE College Central	Cheng Jian Fenn
J Max Solutions	Chew CheK Chuan
K V Vanu Gopala Menon	Chew Chia Liang
Kenwell Offshore Pte Ltd	Chew Poh Guan Thomas
Kuo Chuan Presbyterian Pri Sch	Chia S H
Landmark Plastics Pte Ltd	Chia Teck Hwa
Land Transport Authority	Chiam Yah Fang
Olivine Electronics Pte Ltd	Chong Chun Leong
Orchard Stationery Suppliers	Christina Chen
Performance Janitorial Supplies Pte Ltd	Christopher Ng
Poolcare Services	Christopher Quek
Raffles institution	Chu Chin Liang (Steve)
Regional Shipping Services Pte Ltd	Chua Yue Cun
Sabic Asia Pte Ltd	Chuang Kwong Lee
Seraya Energy Pte Ltd	Clare Elizabeth Savereux
STSKF Pte LTd	Daphne Loh
Tanglin Police Division	David Kong
Thong On Industries Pte Ltd	David Soon Kin Mun
Utraco Pte Ltd	Dennis Ong
Xin Da Ye Trading	Dentsu Singapore Pte Ltd
Yew Hock Motor	Devendra Bisaria
Yunnan Garden Restaurant (2006) Pte Ltd	Dr Lee Eng Hin
Zion Bishan Bible Presbyterian Church	Dr Sandy Lek
Adrian Leong	Duncan Gracias
Adrian Lim Meng Yan	Eng Yi Wee
Akbar Khan	Fam Li Li
Andra	Florence Wong
Ang Geok Chuan	Fong Chen Alan
Ang Kheng Choo	Foo Meng Kee

#### **CASH DONATIONS 2013**

George Christopher Willis
Geraldine Tan Ee Siew
Giam Chong Soon
Goh Wei Khien
Goh Zheng Wei
Grace Cheo
Graham Teo Kok Heng
He Dong Liu
Helen Yeo Wee Hoon
Heng (Ms)
Ho Khiam Seng
Ho Soo Fatt Ronald
Hoe Chin Siang
Hsu Si Yang
J Kanagaratham
Janakan Rajanikanth
Jeong Jong-Soo
Jesper Lim Chin Yiong
Joe Choo
Joey Tan Lee Boon
Joseph Ong
Justin Leow Boon Tuan
K. Thavamalar
Kathy Leong Theng Yin
Kenneth Lo
Khaw Kok Yaw
Khoo Kee Kwang
Khoo Kee Swee
Khoo Yong Kiong
Koh Hwee Kiang
Koh Lay Poh
Koh Yak Leng
Koo Wei Ting
Lam Sit Hin
Law Tse Kin
Lee Chin Ser
Lee Gek Cheng
Lee Jia Jun
Lee Kim Choon
Lee See Heng
Lee Soo Jen Eddy
Lee Tai How (Peter)
Lee Wan Chew

Lee Wei Kheong Edward
Lee Yin Lin
Lee Zhi Wei
Lee Zi Qi Chloe
Leong Mee Yin
Leong Quor Meng
Leong Seng
Lew Kiat Kong
Lim Chin Yiong
Lim Chun Meng
Lim Hwee Choo, Cecilia
Lim Joo Seng
Lim Meng Kiat
Lim Ming Hui
Lim Poh Seng
Lim Teck Chai Danny
Lim YanZi
Limpo Antonio
Liu Fei Chian
Loo Kuen Feng Mike
Lucia Leong Tim Tim
Lye King Siong
Mahendran s/o Minisamy
M. Kalaivanan
Mithilesh Sinha
Natalie Wong
Ng Cheng Chee
Ng Hock Siong
Ng Khai Mang
Ng Kim Tong
Ng Li Hwa
Ng Soon Im
Ng Tee Im
Ng Yew Hong
Ng Yew Huat
Ong Chong Ping
Ong Geok Yeow
Ong Lay Khoon
Ong Siew Keong
Ong Yeow Chon
Ow Yong Tuck Leong
Patricia Yeo Yen Ching
Pauline Low

#### **CASH DONATIONS 2013**

Peh Kok Heng
Philip Gan Kai Hwee
Philip Khoo Teck Leong
Phua Swee Khiang
Poh Beng Wee
Poh You De
Prabhuswami Kallur
Puang Kwong Ping
Pwok Mei Yin
Qiyu Jaslyin
Roger Lum Wai Chong
Sai Ram Nilgiri
Samuel Sng Han Heng
Samuel Tandijanto
San Myat Tun
Sandar
Senator International Singapore
Ser Cherk Yen
Sng C Y
Sharon Kua
Sim Beng Chye
Sim Hui Mean
Sin Weng Chuen
Soon Boon Chew
Stephen Tay Buan Chye
Su Huiting
Tai Theen Cheong
Tan Chen Sian
Tan Chye Seng Eddie
Tan Eng
Tan Hwee Kaw
Tan Jun Qi
Tan Kuan Kian
Tan Pheng Hwee
Tan Phuay Miang
Tan Siew Hong
Tan Swee Fong
Tan Wei Tong
Tan Yam Ngee
Tang Soo Yee Ellis
Teo Chin Hau
Teo Geok Hwee
Teo Guan Hoe

Teo Soon Thai
Tew Huey Ling
Thayalingem A
Thiam Boon Siong Max
Thomas Ho Kwok Tao
Tiong Kuok Thai
Tock Chiew Chong
Toh Eng Tiah
Tong How Dar
Toon Kit Chuan
Tung Ho Kok
Vasauthi Kanagaratham
Weerawich
Wilbert Cheng Heng Siang
Winnie Teo
Wong Meng Yeng
Wong Pei Mei
Wong Tai
Wong Tui Nam
Yap Han Hua
Yap Yee Lane
Yelly
Yeong Chee Kay
Yip Wai Kit
Yong Boon Kheng
Yu Tat Ming
Yvelve Wong

#### **DONATIONS IN KIND 2013**

Bakerzin Holdings Pte Ltd	
Andrew Wong	
Andy Kwek	
Ang Gek	
Augustin Lim	
Benjamin Ang	
Bernard Jones	
Kathy McMahon	
Care N Share Society	
Cecilia Soh	
Chan Jim Keow	
Chocolat N'Spice	
Donald Ang	
Dorothy Yeo	
Fog Yin Leng	
Foo Siang Eng	
Gary Loh & Friends	
Guan Ling Tan	
Hong Tian Fu	
Hong Yao Qiang	
Huat Soon Lee Engineering	
Hana Pte Ltd	
J.Thio	
Joel & Joan	
Man Fut Tong Welfare Society	
Jenny Ng	
Jervine & Sally Ong	
Jessica	
Ji De Tang Temple	
Johnny Ang-President- Goodwill Services	
Dawood Exports Pte Ltd	
Joseph C.K.Nah	

Katherine Loh

Kathryn Wong
Kenny Wong
Lee Chong Tat
Lee Man San-Bakers World
Leong Swee Sum
Lian Hin Grocery
Lim Chao Yang
Lim Geok Pheng
Lim Guang Jin
Lim Soon Guan
Lin He Zhen
Lin Jin Hua
Lin Jin Shui
Lin Ming Xing
Lin Mu Xiang
Lin Xi Di
Linda Ho
Liz & Friends
Residents' Committee Bishan East Zone 6 RC
Su Hua Store
Lynn
Mariean Chua
Girl Guides Singapore
Michelle Rising Sun Trading
James Yeo
Teo P.H.
Ng Yak Meng
Ng Yee Sye
Ng Yew Syee
Ng.Yew Syee & Wong Fly
Ong Ting-Bishan North Community Centre

#### **DONATIONS IN KIND 2013**

Ooi Poh Thiam

Panni-Director and Staff

Rena Chua & Friends

Robert Ng

Ronald Chua

Ronald Teo

Rosalind Lim

Saraspathi Malliapan

Sembawang Tian Ho Keng

Seth Tan-Academic Staff Sch.of Science & Tech.

She Si Mei

Sin Eng Kee Chye Huat

Sin Siong Huat Furnishings

Son Yan Bo

Staff of DBS Bank Treasury&Markets

Dr.Ruth Kam-Cardiologist Mt.Elizabeth Med Ctr.

Steven Goh Kien Lim, Gan Keng Siong, Alan Quek, Roger Tay, Bernard Kew, Lay Ling, Anline Tay, Mdm. Tay Lay Ting, Ng Wei Cheng, Mdm Twang, Michelle Leong Yuan Hui, Gabriel Ong Shou Jen, & Jermine Goh

Sun Heng Production

Tan Seow Leng

Teo Poh Hong

Tesse Foo

The Boys Brigade Raymond & Project Staff

The Resident-John

Tien Leong Wee

Toh Eng Tiah

Vincent Tan-Lotus Light Charity Society S'pore

Wah Sua Keng

Management Committee

Wee Lily-& Friends

Wee Yong Hwee

Kumpulan Development(S)Pte Ltd

Family of Wong Tui Nam

Xin Da Ye Trading

Xu Xing Yuan

Yap Ai Seng

Yeo Kok Nim

Yeo Mei Ling

Yvonne Lim

#### **Financial Contents**

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## Statement by the Board of Directors

In the opinion of the Board of Directors, the financial statements of Bishan Home for the Intellectually Disabled (the "Home") set out on page 25 to 47 are properly drawn up, so as to give a true and fair view of the state of affairs of the Home as at 31 March 2013 and the financial activities, changes in funds and cash flows of the Home for the year ended on that date.

On behalf of the Board of Directors,

Mr. Lau Wah Ming Hon. Chairman

Singapore, 2 9 AUG 2013

ranwalky

Mr. Tan Jack Pin Hon. Treasurer

## Report of the Independent Auditors

To the Members of Bishan Home for the Intellectually Disabled

#### Report on the Financial Statements

We have audited the accompanying financial statements of Bishan Home for the Intellectually Disabled (the "Home"), which comprise the statement of financial position as at 31 March 2013, and the statement of financial activities, statement of changes in funds and statement of cash flows of the Home for the financial year then ended, and a summary of significant accounting policies and other explanatory notes as set out on pages 25 to 47.

Management's Responsibility for the Financial Statements

The Board of Directors of the Home (the "Board") is responsible for the preparation of financial statements that give a true and fair view in accordance with the provision of the Charities Act, Cap. 37, the Societies Act, Cap. 311 and Singapore Financial Reporting Standards, and for devising and maintaining a system of internal accounting controls sufficient to provide a reasonable assurance that assets are safeguarded against loss from unauthorised use or disposition; and transactions are properly authorised and that they are recorded as necessary to permit the preparation of true and fair statement of financial activities and balance sheet and to maintain accountability of assets.

#### Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Singapore Standards on Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Home's preparation of the financial statements that give a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Home's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Board, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

#### Opinion

In our opinion, the financial statements of the Home are properly drawn up in accordance with the provisions of the Charities Act, Cap. 37, the Societies Act, Cap. 311 and Singapore Financial Reporting Standards so as to give a true and fair view of the state of affairs of the Home as at 31 March 2013 and the financial activities, changes in funds and cash flows of the Home for the year ended on that date.

## Report of the Independent Auditors

To the Members of Bishan Home for the Intellectually Disabled

#### Report on Other Legal and Regulatory Requirements

During the course of our audit, nothing came to our attention that caused us to believe that the use of donation money received is not in accordance with the Home's objectives.

In our opinion, the accounting and other records required by the above regulations to be kept by the Home have been properly kept in accordance with the regulations.

KRESTON DAVID YEUNG PAC

**Public Accountants and Chartered Accountants** 

Singapore, 29 AUG 2013

## Statement of Financial Position

As at 31 March 2013

	Note	2013 S\$	2012 S\$
ASSETS			
Non-current assets			
Property, plant and equipment	3	5,002,244	5,306,038
Current assets			
Programme fees in arrears	4	13,604	6,265
NCSS grant receivables		-	69,682
Other receivables		~	60
Deposits		23,475	18,078
Prepayments		13,127	10,470
Cash and cash equivalents	5	3,887,912	3,046,889
Total current assets		3,938,118	3,151,444
Total assets		8,940,362	8,457,482
Unrestricted funds General fund Sinking fund Restricted funds Deferred capital donations Deferred capital donations - Herbs and Spice Garden Community silver trust	6 7 8	3,309,024 400,000 4,818,546 3,900 28,970	2,629,532 400,000 5,160,029 9,000
Total funds		8,560,440	8,198,561
Current liabilities Programme fees received in advance Amount due to NCSS Deposits received Accruals Other payables	9	9,020 56,125 76,920 90,615 147,242	2,330 - 74,340 81,960 100,291
Total liabilities		379,922	258,921
	_		

## Statement of Financial Activities

For the Year Ended 31 March 2013

		<unrestrict< th=""><th>ed Funds&gt;</th><th><restricted i<="" th=""><th>funds&gt;</th><th></th></restricted></th></unrestrict<>	ed Funds>	<restricted i<="" th=""><th>funds&gt;</th><th></th></restricted>	funds>	
		Residential	Day Activity	Community	Capital	201
	Note	Home S\$	Centre S\$	Silver Trust S\$	Donation S\$	Tota S:
Incoming resources	Note	20	3.0	3.9	3.9	
Income resources from generated funds:						
Voluntary income						
Deferred capital donations/grants	6		_	_	447,797	447,79
Deferred herbs and spice grant	7		_		5,100	5,10
Community silver trust	8			60,234	2,100	60,23
Donations in cash	11	157,091			_	157,09
Investment income	12	44,929				44,92
Income resources from charitable activities:		77,727				111324
Programme fees		328,151	_	_	_	328,15
Daycare collection		520,151	86,333			86,33
Government subvention grants		1,869,670	197,387		-	2,067,05
Transport income		1,000,070	19,528	_		19,52
Sundry income		22,301	7,140	-	-	29,44
Other incoming resources		19,293	7,140	_		19,29
Office meeting resources	-	19,293	<del></del>	<del></del>		17,22
Total income resources	_	2,441,435	310,388	60,234	452,897	3,264,95
Less: Resources expended	_					
Charitable activities expenses:				[]		
Activities and outings		7,332	1,760	117	- []	9,20
Food and marketing		149,439	10,166	-	-	159,60
Staff costs	13	1,063,392	114,756	5,506	-	1,183,65
Nursing supplies and medical services		63,241	-	-	-	63,24
Transportation		6,325	12,357	- [[	-	18,68
Information technology		9,511	2,247	-	-	11,75
Miscellaneous expenses	. [	6,747	-			6,74
Total charitable activities expenses		1,305,987	141,286	5,623	-	1,452,89
Governance costs	14	500,594	114,582	957	465,270	1,081,40
Other operating and administration expenses	15	40,654	7,590	2,510	400	51,15
Total resources expended		(1,847,235)	(263,458)	(9,090)	(465,670)	(2,585,45
	_					<del>~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~</del>
Net income resources before other gains and losses		594,200	46,930	51,144	(12,773)	679,50
Less: Other recognised gain/(loss)						
Gain on disposal of plant and equipment		799	-	-	-	79
Plant and equipment written off		(808)		***************************************	<u> </u>	(80
Net surplus/(deficit) for the year		594,191	46,930	51,144	(12,773)	679,49

## Statement of Financial Activities

For the Year Ended 31 March 2012

		<unrestrict< th=""><th>2012</th></unrestrict<>	2012		
		Residential Home	Day Activity Centre	Restricted Fund	2012 Total
	Note	S\$	S\$	S\$	S\$
Incoming resources					
Income resources from generated funds:					
Voluntary income					
Deferred capital donations/grants	6	-	-	473,990	473,990
Deferred herbs and spice grant	7	-	-	6,600	6,600
Donations in cash	11	126,821	-	-	126,821
Investment income	12	3,571	-	-	3,571
Income resources from charitable activities:					
Programme fees		324,883	-	-	324,883
Daycare collection		-	68,175	-	68,175
Government subvention grants		1,684,861	133,471	-	1,818,332
Transport income		-	15,592	-	15,592
Sundry income		22,394	5,729	*	28,123
Other incoming resources		1,528		1,057	2,585
Total income resources	_	2,164,058	222,967	481,647	2,868,672
Less: Resources expended					
Charitable activities expenses:	Γ				
Activities and outings		7,515	- 315	-	7,830
Day activity centre		-	53	-	53
Food and marketing		140,977	7,942	-	148,919
Staff costs	13	1,064,604	76,527	-	1,141,131
Nursing supplies and medical services		46,048	_	- 1	46,048
Transportation		4,900	12,240	.	17,140
Information technology		16,153	3,077	-	19,230
Miscellaneous expenses	L	8,212		-	8,212
Total charitable activities expenses		1,288,409	100,154	*	1,388,563
Governance costs	14	498,124	84,431	435,010	1,017,565
Other operating and administration expenses	15	30,061	2,159		32,220
Total resources expended	_	(1,816,594)	(186,744)	(435,010)	(2,438,348)
Net income resources before other gains and losses		347,464	36,223	46,637	430,324
Less: Other recognised gain/loss					
Plant and equipment written off	_	(1,561)	<del>-</del> -		(1,561)
Net surplus for the year	_	345,903	36,223	46,637	428,763
	-				

## Statement of Changes in Funds

For the Year Ended 31 March 2013

Deferred Deferred Capital  General Sinking Capital Donation - Herbs Community  Fund Fund Donation/Grants and Spice Garden Silver Trust  S\$ S\$	2,200,769 400,000 5,444,145 15,600	99,874 - 90,000 -	- (473,990) (6,600)	428,763	2,629,532 400,000 5,160,029 9,000	s - 40,088 - 89,204 s - 15,400 - 50,826	. (447,797) (5,100) (60,234)		3,309,024 400,000 4,818,546 3,900 28,970
	Balance as at 01.04.2011	Additions during the year - Government Grants - Donated Funds from President's Challenge 2011	Amortisation during the year	Net surplus for the year	Balance as at 31.03.2012/01.04.2012	Additions during the year - Government Grants - Tax-Exempt Donations for Capital Purchases - Non-Tax-Exempt Donation-in-Kind	Amortisation during the year	Net surplus for the year	Balance as at 31.03.2013

The notes set out on pages 30 to 47 form an integral part of and should be read in conjunction with this set of financial statements.

#### Statement of Cash Flows

For the Year Ended 31 March 2013

	NI (	2013	2012
Cash flavor from ananating activities	Note	S\$	\$\$
Cash flows from operating activities  Net surplus for the year		670.402	120 762
The state of the s		679,492	428,763
Adjustments for:- Allowance for credit losses		2 000	1 720
Allowance for credit losses written back		3,800	1,720
	(	(2,160)	(2,176)
Deferred capital donations/grants	6 7	(447,797)	(473,990)
Deferred herbs and spice grant	•	(5,100)	(6,600)
Community silver trust fund	8	(60,234)	502.004
Depreciation of property, plant and equipment		501,604	502,824
Gain on disposal of property, plant and equipment		(799)	-
Property, plant and equipment written off		808	1,561
Interest income		(44,929)	(3,571)
Operating surplus before working fund changes Changes in working fund:-		624,685	448,531
Decrease/(Increase) in other receivables		52,709	(546)
Increase/(Decrease) in accruals and other payables		121,001	(3,720)
• • •	<del>1,</del>		
Net cash generated from operating activities		798,395	444,265
Cash flows from investing activities			
Purchase of property, plant and equipment		(198,619)	(152,697)
Proceeds from disposal of property, plant and equip	ment	800	-
Interest received		44,929	3,571
Net cash used in investing activities	<u></u>	(152,890)	(149,126)
Cash flows from financing activities			
Capital donations received	6	106,314	189,874
Community silver trust received	8	89,204	-
Net cash generated from financing activities		195,518	189,874
Net increase in cash and cash equivalents		841,023	485,013
Cash and cash equivalents at beginning of year		3,046,889	2,561,876
Cash and cash equivalents at end of year	5	3,887,912	3,046,889

31 March 2013

These notes form an integral part of and should be read in conjunction with the accompanying financial statements.

#### 1. GENERAL

Bishan Home for The Intellectually Disabled (the "Home") is registered in the Republic of Singapore under the Societies Act and the Charities Act.

The principal activities of the Home are to provide a place of residence and care for the intellectually disabled.

The registered office and principal place of the Home is located at 6 Bishan Street 13, Singapore 579798.

The financial statements of the Home are presented in Singapore dollar (SGD or S\$).

#### 2. SIGNIFICANT ACCOUNTING POLICIES

#### a) Basis of Preparation

The financial statements of the Home have been prepared in accordance with the historical cost convention, except as disclosed in the accounting policies below, and are drawn up in accordance with the Statement of Recommended Accounting Practice ("RAP 6") and Singapore Financial Reporting Standards ("FRS") including its Interpretations.

In the current financial year, the Home has adopted all the new and revised FRS and Interpretations of FRS ("INT FRS") that are relevant to its operations and effective for the annual periods beginning on or after 1 April, 2012. The adoptions of these new/revised FRSs and INT FRSs have no material effect on the financial statements.

#### b) Significant Accounting Estimates and Judgements

Estimates, assumptions concerning the future and judgements are made in the preparation of the financial statements. They affect the application of the Home's accounting policies, reported amounts of assets, liabilities, income and expense and disclosures made. They are assessed on an on-going basis and are based on experience and relevant factors, including expectations of future events that are believed to be reasonable under the circumstances.

31 March 2013

#### 2. SIGNIFICANT ACCOUNTING POLICIES (Continued)

#### b) Significant Accounting Estimates and Judgements (Continued)

The critical accounting estimates and assumptions used and areas involving a high degree of judgement are described below.

Critical assumptions used and accounting estimates in applying accounting policies

#### Useful lives of property, plant and equipment

As described in Note 2(d), the Home reviews the estimated useful lives of property, plant and equipment at the end of each annual reporting period. The estimated useful lives reflect the management's estimation of the periods that the Home intends to derive future economic benefits from the use of the Home's property, plant and equipment. Changes in the expected level of usage and technological development could impact the economic useful lives and the residual values of these assets, therefore future depreciation charges could be revised.

The carrying amount of property, plant and equipment at the end of the reporting period are disclosed in Note 3 to the financial statements.

Critical judgements made in applying accounting policies

In the process of applying the entity's accounting policies, management had made the following judgements that have the most significant effect on the amounts recognised in the financial statements.

#### Allowance for credit losses

Allowance for credit losses of the Home is based on an evaluation of the collectibility of receivables. A considerable amount of judgement is required in assessing the ultimate realisation of these receivables, including their current creditworthiness, past collection history of each resident and ongoing dealings with them. If the financial conditions of the counterparties with which the Home contracted were to deteriorate, resulting in an impairment of their ability to make payments, additional allowance may be required.

#### Impairment of property, plant and equipment

The Home assesses annually whether property, plant and equipment have any indication of impairment in accordance with the accounting policy. The recoverable amounts of property, plant and equipment have been determined based on value-in-use calculations. These calculations require the use of judgement and estimates.

31 March 2013

#### 2. SIGNIFICANT ACCOUNTING POLICIES (Continued)

#### c) Foreign Currency

Functional and presentation currency

Items included in the financial statements of the Home are measured using the currency of the primary economic environment in which the Home operates ("functional currency"). The financial statements of the Home are presented in Singapore dollar, which is the Home's functional currency.

Transactions and balances

Transactions in foreign currencies are measured and recorded in Singapore dollars at the exchange rate in effect at the date of transactions. At the end of each reporting period, recorded foreign currency monetary items are adjusted to reflect the rate at the end of the reporting period. All realised and unrealised differences are taken to the statement of financial activities.

#### d) Property, Plant and Equipment

All items of property, plant and equipment are initially recorded at cost. The cost of an item of property, plant and equipment is recognised as an asset if, and only if, it is probable that future economic benefits associated with the item will flow to the Home and the cost of the item can be measured reliably.

Subsequent to initial recognition, property, plant and equipment are measured at cost less accumulated depreciation and any accumulated impairment losses,

Depreciation is calculated on a straight-line method so as to write off the costs over the estimated useful lives of property, plant and equipment as follows: -

Leasehold property30 yearsMotor vehicles10 yearsRenovation10 yearsFurniture and fittings5-10 yearsEquipment5 yearsHerbs and spice garden5 yearsComputers3 years

The carrying values of property, plant and equipment are reviewed for impairment when events or changes in circumstances indicate that the carrying value may not be recoverable.

The residual values, useful lives and depreciation method are reviewed at each financial year-end, and adjusted prospectively, if appropriate.

An item of property, plant and equipment is derecognised upon disposal or when no future economic benefits are expected from its use or disposal. Any gain or loss arising on derecognition of the asset is included in the statement of financial activities in the year the asset is derecognised.

31 March 2013

#### 2. SIGNIFICANT ACCOUNTING POLICIES (Continued)

#### e) Impairment of Non-Financial Assets

The Home assesses at the end of each reporting period whether there is any indication that an asset may be impaired. If any indication exists, or when an annual impairment assessment for an asset is required, the Home makes an estimate of the asset's recoverable amount.

An asset's recoverable amount is the higher of an asset's or cash-generating unit's fair value less costs to sell and its value in use and is determined for an individual asset, unless the asset does not generate cash inflows that are largely independent of those from other assets or group of assets. When the carrying amount of an asset or cash-generating unit exceeds its recoverable amount, the asset is considered impaired and is written down to its recoverable amount. In assessing value in use, the estimated future cash flows expected to be generated by the asset are discounted to their present value.

Impairment losses are recognised in statement of financial activities in those expense categories consistent with the function of the impaired asset, except for assets that are previously revalued where the revaluation was taken to other comprehensive income. In this case, the impairment is also recognised in other comprehensive income up to the amount of any previous revaluation.

An assessment is made at the end of each reporting period as to whether there is any indication that previously recognised impairment losses may no longer exist or may have decreased. If such indication exists, the Home estimates the asset's or cashgenerating unit's recoverable amount. A previously recognised impairment loss is reversed only if there has been a change in the estimates used to determine the asset's recoverable amount since the last impairment loss was recognised. If that is the case, the carrying amount of the asset is increased to its recoverable amount. That increase cannot exceed the carrying amount that would have been determined, net of depreciation, had no impairment loss been recognised previously. Such reversal is recognised in statement of financial activities unless the asset is measured at revalued amount, in which case the reversal is treated as a revaluation increase.

#### f) Financial Assets

Initial recognition and measurement

Financial assets are recognised on the statement of financial position when, and only when, the Home becomes a party to the contractual provisions of the financial instrument. The Home determines the classification of its financial assets at initial recognition.

When financial assets are recognised initially, they are measured at fair value, plus directly attributable transaction costs.

31 March 2013

#### 2. SIGNIFICANT ACCOUNTING POLICIES (Continued)

#### f) Financial Assets (Continued)

Subsequent measurement

#### Loans and receivables

Non-derivative financial assets with fixed or determinable payments that are not quoted in an active market are classified as loans and receivables. Subsequent to initial recognition, loans and receivables are measured at amortised cost using the effective interest method, less impairment. Gains and losses are recognised in statement of financial activities when the loans and receivables are derecognised or impaired, and through the amortisation process.

The Home classifies the following financial assets as loans and receivables:

- Cash and cash equivalents
- · Grant and other receivables

#### Derecognition

A financial asset is derecognised where the contractual right to receive cash flows from the asset has expired. On derecognition of a financial asset in its entirety, the difference between the carrying amount and the sum of the consideration received is recognised in statement of financial activities.

All regular way purchases and sales of financial assets are recognised or derecognised on the trade date, i.e the date that the Home commits to purchase or sell the asset. Regular way purchases or sales are purchases or sales of financial assets that require delivery of assets within the period generally established by regulation or convention in the marketplace concerned.

#### g) Impairment of Financial Assets

The Home assesses at the end of each reporting period whether there is any objective evidence that a financial asset is impaired.

#### Financial assets carried at amortised cost

For financial assets carried at amortised cost, the Home first assesses individually whether objective evidence of impairment exists individually for financial assets that are individually significant, or collectively for financial assets that are not individually significant. If the Home determines that no objective evidence of impairment exists for an individually assessed financial asset, whether significant or not, it includes the asset in a group of financial assets with similar credit risk characteristics and collectively assesses them for impairment. Assets that are individually assessed for impairment and for which an impairment loss is, or continues to be recognised are not included in a collective assessment of impairment.

31 March 2013

#### 2. SIGNIFICANT ACCOUNTING POLICIES (Continued)

#### g) Impairment of Financial Assets (Continued)

If there is objective evidence that an impairment loss on financial assets carried at amortised cost has incurred, the amount of the loss is measured as the difference between the asset's carrying amount and the present value of estimated future cash flows discounted at the financial asset's original effective interest rate. If a loan has a variable interest rate, the discount rate for measuring any impairment loss is the current effective interest rate. The carrying amount of the asset is reduced through the use of an allowance account. The impairment loss is recognised in the statement of financial activities.

When the asset becomes uncollectible, the carrying amount of impaired financial assets is reduced directly or if an amount was charged to the allowance account, the amounts charged to the allowance account are written off against the carrying value of the financial asset.

To determine whether there is objective evidence that an impairment loss on financial assets has incurred, the company considers factors such as the probability of insolvency or significant financial difficulties of the debtor and default or significant delay in payments.

If in a subsequent period, the amount of the impairment loss decreases and the decrease can be related objectively to an event occurring after the impairment was recognised, the previously recognised impairment loss is reversed to the extent that the carrying amount of the asset does not exceed its amortised cost at the reversal date. The amount of reversal is recognised in the statement of financial activities.

#### h) Cash and Cash Equivalents

Cash and cash equivalents are defined as cash in hand, cash at bank and fixed deposits which form part of the Home's cash management are readily convertible to known amounts of cash and are subject to insignificant risk of changes in value.

#### i) Capital Donations/Grants

Donations/grants received for property, plant and equipment are credited to a designated fund. These donations/grants are amortised to the statement of financial activities over the estimated useful life of the related property, plant and equipment on a straight-line basis (Note 2 (d)).

#### j) Sinking Fund

The sinking fund is an unrestricted designated fund set aside by the Home to finance major repair activities of the Home as and when necessary.

31 March 2013

#### 2. SIGNIFICANT ACCOUNTING POLICIES (Continued)

#### k) Financial Liabilities

Initial recognition and measurement

Financial liabilities include accruals and other payables including amount due to NCSS. Financial liabilities are recognised on the statement of financial position when, and only when, the Home becomes a party to the contractual provisions of the financial instrument. The Home determines the classification of its financial liabilities at initial recognition.

All financial liabilities are recognised initially at fair value plus directly attributable transaction costs.

Subsequent measurement

After initial recognition, financial liabilities are subsequently measured at amortised cost using the effective interest method. Gains and losses are recognised in the statement of financial activities when the liabilities are derecognised, and through the amortisation process.

#### Derecognition

A financial liability is derecognised when the obligation under the liability is discharged, cancelled or expired. When an existing financial liability is replaced by another from the same lender on substantially different terms, or the terms of an existing liability are substantially modified, such an exchange or modification is treated as a derecognition of the original liability and the recognition of a new liability, and the difference in the respective carrying amounts is recognised in the statement of financial activities.

#### 1) Revenue Recognition

Revenue is recognised to the extent that it is probable that the economic benefits will flow to the Home and the revenue can be measured reliably. Revenue is measured at the fair value of consideration received or receivable.

Revenue is recognised on the following basis:-

- (i) Income from fees collected is accounted for on accrual basis.
- (ii) Donations are recognised when monies are received and the right to receive the amount is certain.
- (iii) Recurrent funds are taken up on accrual basis. Based on the funding principles, accruals are accounted for any over/under funding payable to/from the Government.
- (iv) Interest is recognised using effective interest method.

31 March 2013

#### 2. SIGNIFICANT ACCOUNTING POLICIES (Continued)

#### m) Government Subvention

Government subvention is recoverable from the Ministry of Social and Family Development (MSF) when there is reasonable assurance that the conditions attaching to it will be complied with and the subvention will be received.

Government subvention in the form of recurrent funds is recognised as income in the financial statements in the year in which the related activities are performed.

#### n) Key Management Personnel

Key management personnel of the Home are those persons having authority and responsibility for planning, directing and controlling the activities of the Home. The chief executive officer, the matron and accountant are considered as key management personnel.

#### o) Employee Benefits

#### **Defined Contribution Plans**

As required by law, the Home makes contributions to the state pension scheme, the Central Provident Fund (CPF). CPF contributions are recognised as compensation expense in the same period as the employment that gives rise to the contribution.

#### **Employee Leave Entitlement**

Employee entitlement to annual leave is recognised when it accrues to employees. An accrual is made for the estimated liability for leave as a result of services rendered by employees up to the end of the reporting period.

#### p) Provisions

Provisions are recognised when the Home has a present obligation (legal or constructive) as a result of past events, it is probable that an outflow of resources embodying economic benefits will be required to settle the obligation and a reliable estimate can be made of the amount of the obligation.

Provisions are reviewed at the end of each reporting period and adjusted to reflect the current best estimate. If it is no longer probable that an outflow of economic resources will be required to settle the obligation, the provision is reversed. If the effect of the time value of money is material, provisions are discounted using a current pre-tax rate that reflects, where appropriate, the risks specific to the liability. When discounting is used, the increase in the provision due to the passage of time is recognised as a finance cost.

31 March 2013

#### 2. SIGNIFICANT ACCOUNTING POLICIES (Continued)

#### q) Contingencies

A contingent liability is:-

- (a) a possible obligation that arises from past events and whose existence will be confirmed only by the occurrence or non-occurrence of one or more uncertain future events not wholly within the control of the Home; or
- (b) a present obligation that arises from past events but is not recognised because:
  - i) It is not probable that an outflow of resources embodying economic benefits will be required to settle the obligation; or
  - ii) The amount of the obligation cannot be measured with sufficient reliability.

A contingent asset is a possible asset that arises from past events and whose existence will be confirmed only by the occurrence or non-occurrence of one or more uncertain future events not wholly within the control of the Home.

Contingent liabilities and assets are not recognised on the statement of financial position of the Home, except for contingent liabilities assumed in a business combination that are present obligations and which the fair values can be realiably determined.

31 March 2013

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4,220,920 34,628 59,294
3,999,373 115,751 2,339 4,273,383 78,717 5,563

Depreciation expense for the year amounting to \$\$501,604 (2012: \$\$502,824) is charged to the statement of financial activities and is included in governance costs (Note 14).

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31 March 2013

4.	PROGRAMME FEES IN ARREARS		
		2013	2012
		S\$	S\$
	Programme fees in arrears	41,094	32,115
	Less: Allowance for credit losses	(27,490)	(25,850)
		13,604	6,265
	Movements of allowance for credit losses		
	Balance at beginning of year	25,850	26,306
	Allowance for credit losses (Note 15)	3,800	1,720
	Allowance for credit losses written back (Note 15)	(2,160)	(2,176)
	Balance at end of year	27,490	25,850

Programme fees receivables are due within 30 days which is billed on a monthly basis.

The Home does not charge any interest, unless otherwise stated. Programme fees in arrears include an amount of S\$7,784 (2012: S\$2,330) which is past due at the end of the reporting period but not impaired. The table below is an aging analysis of programme fees in arrears as at the end of the reporting period:-

		Allowance for		Allowance for
	Gross	credit losses	Gross	credit losses
	2013	2013	2012	2012
	S\$	S\$	S\$	S\$
Not past due	6,360	(540)	4,895	(960)
Past due: -				
- 1 to 30 days	3,850	(540)	2,240	(960)
- 31 to 60 days	2,730	(540)	1,560	(960)
- over 60 days	28,154	(25,870)	23,420	(22,970)
	34,734	(26,950)	27,220	(24,890)
	41,094	(27,490)	32,115	(25,850)

5.	CASH AND CASH EQUIVALENTS		
	•	2013	2012
		S\$	S\$
	Cash on hand	2,766	8,984
	Cash at bank Fixed deposits	1,485,146 2,400,000	1,137,905
	Tived deposits		1,900,000
		3,887,912	3,046,889
	The fixed deposits are placed with reputable financial between 3 to 36 month (2012: 3 to 24 month) tenure requirement of the Home and earn interest at rates rangifrom 0.50% to 1.30%) per annum.	es depending on the	immediate cash
6.	DEFERRED CAPITAL DONATIONS/GRANTS		
	SALES OF THE POPULATION OF THE PROPERTY OF THE	2013	2012
		S\$	S\$
	Balance at beginning of year	5,160,029	5,444,145
	Amount received during the year	106,314	189,874
		5,266,343	5,634,019
	Less: Amortisation to statement of financial activities		
	- Leasehold property	274,010	274,010
	- Other plant and equipment	173,787	199,980
		(447,797)	(473,990)
	Balance at end of year	4,818,546	5,160,029
7.	DEFERRED CAPITAL DONATIONS – HERBS AND	D SPICE GARDEN	
		2013	2012
		S\$	S\$
	Balance at beginning of year	9,000	15,600
	Less: Amortisation to statement of financial activities	(5,100)	(6,600)
	Balance at end of year	3,900	9,000

31 March 2013

8.	COMMUNITY SILVER TRUST		
		2013	2012
		S\$	S\$
	Balance at beginning of year	-	-
	Add: Receipts		
	Community Silver Trust - Matching Grant	89,204	-
	Less: Expenditure	(60,234)	-
	Balance at end of year	28,970	

The Community Silver Trust Fund was set up by the government to enhance and expand the services of Voluntary Welfare Organisations in the intermediate and long-term care sector. This fund is a dollar-for-dollar donation matching grant from the government to increase the capacity of the Home by adding approved equipments, innovative projects and programmes. The amount received will be amortised to the statement of financial activities in the year the related expenditure is incurred.

#### 9. AMOUNT DUE TO NCSS

This balance represents excess amount of grant received from NCSS during the year. The amount is currently assessed by NCSS and will finalised in the next financial year.

10.	OTHER	<b>PAYABLES</b>

	S\$	S\$
Sundry creditors	57,684	23,651
Staff saving	20,100	19,450
Cash held for residents	48,891	44,280
Advance from residents	20,567	12,910
	147,242	100,291

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#### 11. DONATIONS IN CASH

Tax exempt donations	138,242	89,354
Non-tax exempt donations	18,849	37,467
	157.091	126.821

All donations were collected in respect of the Home's residential services.

Donations for capital purchases are reflected as Deferred Capital Donations.

12.	INVESTMENT INCOME		
		2013	2012
		S\$	S\$
	Bank interest income	127	166
	Fixed deposit income	44,802	3,405
		44,929	3,571
13.	STAFF COSTS		
	Calarian and manage	752 416	740 590
	Salaries and wages Bonuses	753,416 131,488	749,589 132,751
	CPF contribution	63,866	60,633
	Foreign worker levy	166,894	134,348
	Recruitment fee	5,624	5,570
	Training fee	28,367	34,255
	Staff welfare	33,593	23,918
	Uniform	406	67
		1,183,654	1,141,131
14.	Administrative staff costs: Salaries and wages - Bonuses - CPF contribution Auditors' remuneration Depreciation of property, plant and equipment (inclusive restricted fund) General maintenance expenses Insurances Professional fee Property maintenance Registration fee Telecommunication Utilities	225,972 30,863 27,303 5,190 501,604 74,291 30,555 28,173 2,878 130 5,544 148,900 1,081,403	174,253 28,181 23,960 4,585 502,824 62,886 27,613 19,712 13,755 311 5,533 153,952
		1,081,403	1,017,565

31 March 2013

15.	OTHER OPERATING AND ADMINISTRATION E	EXPENSES	
		2013 S\$	2012 S\$
	Allowance for credit losses (Note 4)	3,800	1,720
	Allowance of credit losses written back (Note 4)	(2,160)	(2,176)
	Mattresses and bed linen	535	642
	Rental of equipment	1,091	546
	Anniversary celebration	8,859	11,123
	Bank charges	1,345	606
	Non-capitalised assets	21,678	9,174
	Printing and stationery	6,375	6,360
	Publicity	4,815	-
	Refreshment	2,668	2,346
	Other operating expenses	2,148	1,879
		51,154	32,220

#### 16. TAXATION

The Home has been registered as a charity under the Singapore Charities Act and is exempted from income tax under the provisions of the Singapore Income Tax Act, Cap. 134. Accordingly, no provision for taxation has been made in the Home's financial statements.

#### 17. ANNUAL REMUNERATION OF KEY MANAGEMENT PERSONNEL

	2013	2012
	S\$	S\$
Key management personnel compensation:-	•	
- Salaries and bonus	219,514	220,065
- CPF contribution	21,362	20,082
	240,876	240,147

Key management compensation for the year are included in staff costs (Note 13) and governance costs (Note 14).

Number of key management personnel in remuneration bands: -

	Total number of management staff		
	2013	2012	
- Below S\$50,000	1	1	
- Above S\$50,000 to S\$100,000	1	1	
- Above S\$100,000 to S\$150,000	11	1	

Key management personnel comprise the chief executive officer, the matron and accountant.

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#### 18. FINANCIAL RISK MANAGEMENT AND OBJECTIVES

The Home does not have written risk management policies and guidelines which set out its tolerance for risk and its general risk management philosophy. To mitigate any financial risk exposures or losses, the Home may adopt the appropriate measures including the use of other financial instruments as and when considered necessary.

#### Credit Risk

Credit risk refers to the risk that counterparty will default on its contractual obligations resulting in financial loss to the Home. The Home has adopted the policy of only dealing with creditworthy counterparties as a means of mitigating the risk of financial loss from defaults. The Home does not expect to incur material credit losses on its financial assets.

The Home has no significant concentrations of credit risk.

#### Financial assets that are neither past due nor impaired

Trade receivables that are neither past due nor impaired are creditworthy debtors. Cash and cash equivalents that are neither past due nor impaired are placed with reputable financial institutions licenced by the Monetary Authority of Singapore.

#### Financial assets that are either past due and/or impaired

Information regarding financial assets that are either past due and/or impaired is disclosed in Note 4 to the financial statements.

#### Foreign Currency Risk

The Home is not exposed to foreign currency risk as all of its transactions are denominated in Singapore dollar.

#### **Interest Rate Risk**

Interest rate risk is the risk that the fair value or future cash flows of the Home's financial instruments will fluctuate because of changes in market interest rates. The Home's interest rate exposure relates primarily to its investment portfolio in fixed deposits which carry at fixed interest rate. As at the end of the reporting period, the Home is not significantly exposed to interest rate risk.

Sensitivity analysis is not performed as the impact to the financial statements is insignificant.

#### Liquidity Risk

The Home monitors and maintains a level of cash and cash equivalents deemed adequate by the management to finance the Home's operations and mitigate the effect of any unexpected fluctuations in cash flows. The maturity profile of the Home's financial liabilities is within the next 12 months after the end of the reporting period.

31 March 2013

#### 19. RESERVE POLICY

The following table sets out the Home's reserve position as at the end of the reporting period:-

<b>.</b>	2013 S\$	2012 S\$
Unrestricted funds (*Reserves)	3,709,024	3,029,532
Ratio of *Reserves to total operating expenditure	1.43: 1	1.24: 1

The Home's policy is aim to build its reserves to at least three times of its total annual operating expenditure. This conservative policy is necessitated by the need to provide a buffer in the face of anticipated fall in revenue against likely cost increases due to inflationary and/or market pressures. Revenue is expected to decline within the next few years as the Home is currently operating at virtually full resident capacity and increasing inability/difficulty in collecting programme fees from ageing parents, 77.3% (2012: 77.5%) of the Home's residents are aged 40 years and above. The Board annually reviews the amount of reserves that are required to ensure that they are adequate to fulfill the Home's continuing obligations.

#### 20. CATEGORIES OF FINANCIAL INSTRUMENTS

The following table sets out the Home's financial assets and financial liabilities as at the end of the reporting period:-

	2013	2012
	S\$	S\$
Financial Assets		
Loans and receivables: -		
Programme fees in arrears	13,604	6,265
NCSS grant receivables	-	69,682
Other receivables and deposits	23,475	18,138
Cash and bank balances	3,887,912	3,046,889
Total financial assets	3,924,991	3,140,974
Financial Liabilities		
At amortised cost: -		
Programme fees received in advance	9,020	2,330
Amount due to NCSS	56,125	
Deposits received	76,920	74,340
Accruals and other payables	237,857	182,251
Total financial liabilities	379,922	258,921

31 March 2013

#### 21. FAIR VALUE

The carrying amounts of financial assets and financial liabilities are recorded in the financial statements at their approximate fair values, determined in accordance with the accounting policies disclosed in Note 2 to the financial statements.

#### 22. NEW OR REVISED ACCOUNTING STANDARDS AND INTERPRETATIONS

Certain new accounting standards, amendments and interpretations to existing standards have been published that are mandatory for accounting periods beginning on or after 1 April 2013. The Home does not expect that adoption of these accounting standards or interpretations will have a material impact on the Home's financial statements.

#### 23. AUTHORISATION OF FINANCIAL STATEMENTS

The financial statements of the Home for the financial year ended 31 March 2013 are authorised for issue in accordance with a resolution of the Board of Directors dated 29 August 2013.

UEN : T IPC No. Applica	tion Case ID:0000028779 07SS0102D :IPC000210 tion Status:LIVE f Organisation:Bishan Home for the Intellectuall!	y Disableo	1	
Please	bmission is for Evaluation Period from Apr volume Apr volume and Apr volume A			
Back	Save as Draft Next Reset			
S/No.	Code Description	Code	Compliance	Explanation (if the Code guideline is not complied to or not applicable)
	BOARD GOVERNANCE			
A	Are there Board members holding staff appointments? (Skip items 1 and 2 if "No")		No 🔻	
1	If the governing instrument permits staff to become Board members, they should comprise not more than one-third of the Board.	1.1.2	- Select -	
				Example
2	Staff does not chair the Board.	1.1.2	- Select -	16
3	There is a maximum limit of four consecutive years for the Treasurer position (or equivalent, e.g., Finance Committee Chairman).	1.1.6	Complied	
				Example
4	The Board has an audit committee (or designated Board members) with documented terms of reference.	1.2.1	Complied 🔻	Example //
5	The Board meets regularly with a quorum of at least one-third or at least three members, whichever is greater (or as required by the governing instrument).	1.3.1	Complied	
	CONFLICT OF INTEREST			
6	There are documented procedures for Board members and staff to declare actual or potential conflicts of interest to the Board.	2.1	Complied	Example
7	Board members do not vote or participate in decision-making on matters where they have a conflict of interest.	2.4	Complied	

	STRATEGIC PLANNING			
8	The Board reviews and approves the vision and mission of the charity. They are documented and communicated to its members and the public.	3.1.1	Complied	
9	The Board approves and reviews a strategic plan for the charity to ensure that the activities are in line with its objectives.	3.2.2	Complied	6
	HUMAN RESOURCE MANAGEMENT			
10	The Board approves documented human resource policies for staff.	5.1	Complied	6
11	There are systems for regular supervision, appraisal and professional development of staff.	5.6	Complied	
	FINANCIAL MANAGEMENT AND CONTROLS			
12	The Board ensures internal control systems for financial matters are in place with documented procedures.	6.1.2	Complied	
13	The Board ensures reviews on the charity's controls, processes, key programmes and events.	6.1.3	Complied	
14	The Board approves an annual budget for the charity's plans and regularly monitors its expenditure.	6.2.1	Complied	
15	The charity discloses its reserves policy in the annual report.	6.4.1	Complied	
В	Does the charity invest its reserves? (Skip item 16 if "No")		No 🔻	
16	The charity invests its reserves in accordance with an investment policy approved by the Board. It obtains advice from qualified professional advisors, if deemed necessary by the Board.	6.4.3	- Select -	
	FUNDRAISING PRACTICES			
17	Donations collected are properly recorded and	7.2.2	Complied -	

	promptly deposited by the charity.			
	DISCLOSURE AND TRANSPARENCY			
18	The charity makes available to its stakeholders an annual report that includes information on its programmes, activities, audited financial statements, Board members and executive	8.1	Complied	
	management.			
	Are Board members remunerated for their Board			
	services? (Skip items 19 and 20 if "No")		No 🔻	
19	No Board member is involved in setting his or her own remuneration.	2.2	- Select -	
20	The charity discloses the exact remuneration and benefits received by each Board member in the annual report.	8.2	- Select -	
)	Does the charity employ paid staff?	-	Yes 🔻	
	(Skip items 21 and 22 if "No")		103	
21	No staff is involved in setting his or her own remuneration.	2.2	Complied	
00	The short of the s	0.0		
22	The charity discloses in its annual report the annual remuneration of its three highest paid staff who each receives remuneration exceeding \$100,000, in bands of \$100,000. If none of its top three highest paid staff receives more than \$100,000 in annual remuneration each, the charity discloses this fact.	8.3	Complied 🔻	4
	PUBLIC IMAGE			
23	The charity accurately portrays its image to its members, donors and the public.	9.1	Not Applicable -	
ocla-	ation			
	ration *- LIM TIONG TECK	_		
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31 March 2013

	suppressed any material fact.  The full responsibility for providing accurate and updated checklist information will rest with my charity's / IPC's governing Board.
V	My governing Board agrees to make this Governance Evaluation Checklist available for members / donors through avenues such as the annual general meeting or bulletins.
	My governing Board agrees to make this Governance Evaluation Checklist available for public viewing at the eservice page on Charity Portal.  (No. of charities/IPCs which have publicly published their Governance Evaluation Checklists: 1355)

Note: This submission is for IPC with gross annual receipts of more than \$200,000 and less than \$10 million, for the past two immediate preceding financial years.

